



**Elite  
Class  
Day 1**

Code	START			
201	1	Car park at end of the Sandy Brae	263 205	
202	2	Old path meets fence (N side), 290m contour	256 201	
203	3	Stream junction (may be dry)	237 221	
204	4	Crag, NW corner, foot (quite broken)	248 240	
205	5	Top of gully, Muck	277 239	
206	6	Stream junction	287 254	
207	Any order	Stile at col	291 268	Cut-off 14:30
208	Any order	Crag foot, north west end	311 259	
209	Any order	Between 2 streams, W shore of reservoir	323 271	
210	Any order	River gully just above Brandy Pad	333 284	
206	11	Col between Lamagan and Cove	331 267	
211	12	Stile at col (Again!)	291 268	Cut-off 18:00
212	13	Wall corner (wall very faint on map)	282 277	
		Track bend	271 277	
	Finish	Gate at bottom of track	268 273	

**29.0km / 1850m**

All markers to be visited in sequence (by both team members) except where stated  
All retirements to be reported to start/finish as soon as possible. Phone 07415 770 578



**Lowe Alpine  
Mourne Mountain Marathon 2011**



**Elite  
Class  
Day 2**

Code	START			
225	1	Old foot bridge	263 275	
218	2	Small east pointing corner in forest boundary	228 247	Cut-off 10:30
217	3	Stream bend in flat boggy area	244 222	
226	4	Between source of 2 streams (at their closest)	246 215	
227	5	Stream bend, almost a right angle	242 206	
228	6	Track end	227 199	
229	7	West end of disembodied stream (bog!)	216 179	
230	8	Bend near track end, east most	207 179	
231	9	E corner of flat depression, re-entrant bottom	204 174	
232	10	Stream bend, NW end of long river gorge	217 174	
233	11	West end of island (upstream of two)	227 186	
234	12	Path stream junction	235 188	Cut-off 15:30
235	13	Small spur (craggy), 360m contour	255 198	
236	14	Track bend	263 201	
		Side entrance to sports ground	269 191	
	Finish	Follow tapes to Community Centre	267 189	

**23.9km / 1050m**

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**Lowe Alpine  
Mourne Mountain Marathon 2011**



**B  
Day 1**

Code	START			
214	1	Car park at end of the Sandy Brae	263 205	
215	2	Path/track junction (path not obvious)	259 216	
204	3	Quarry, at foot of quarried face	266 231	
205	4	Top of gully, Muck	277 239	
206	5	Stream junction	287 254	
207	Any order	Stile at col	291 268	Cut-off 13:30
208	Any order	Crag foot, north west end	311 259	
209	Any order	Between 2 streams, W shore of reservoir	323 271	
210	Any order	River gully just above Brandy Pad	333 284	
206	10	Col between Lamagan and Cove	331 267	
211	11	Stile at col (again!)	291 268	Cut-off 18:00
212	12	Wall corner (wall very faint on map)	282 277	
		Track bend	271 277	
	Finish	Gate at bottom of track	268 273	

24.4km / 1310m

Punch, follow tapes to Download Tent

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## Lowe Alpine Mourn Mountain Marathon 2011



# B

## Day 2

Code	START			
237	1		Old foot bridge	263 275
225	2		Top of west shoulder Rocky	232 258
238	3		Small east pointing corner in forest boundary	228 247
218	4		Stream junction	236 234
217	5		Stream bend in flat boggy area	244 222
226	6		Between source of 2 streams (at their closest)	246 215
227	7		Stream bend, almost a right angle	242 206
232	8		Track end	227 199
233	9		West end of island (upstream of two)	227 186
239	10		Path stream junction	235 188
234	11		Granite bridge/ford on Red Moss River	248 201
235	12		Small spur (craggy), 360m contour	255 198
236	13		Track bend	263 201
			Side entrance to sports ground	269 191
		Finish	Follow tapes to Community Centre	267 189

Cut-off 11:00

Cut-off 15:00

19.3km / 920m

All markers to be visited in sequence (by both team members) except where stated

All retirements to be reported to start/finish as soon as possible. Phone 07415 770 578



## Lowe Alpine Mourn Mountain Marathon 2011



# C

## Day 1

Code	START			
214	1		Car park at end of the Sandy Brae	263 205
216	2		Path/track junction (path not obvious)	259 216
217	3		Sharp path bend beside Aughnaleck River	253 213
218	4		Between source of 2 streams (at their closest)	246 215
219	5		Stream bend in flat boggy area	244 222
203	6		Wall bend near top of Shanlieve	240 227
204	7		Crag, NW corner, foot (quite broken)	248 240
205	8		Top of gully, Muck	277 239
206	9		Stream junction	287 254
220	10		Stile at col	291 268
211	11		Stream bend, 460m contour	294 278
212	12		Wall corner (wall very faint on map)	282 277
			Track bend	271 277
		Finish	Gate at bottom of track	268 273

Cut-off 13:00

Cut-off 17:00

17.1km / 1170m

Punch, follow tapes to Download Tent

All markers to be visited in sequence (by both team members) except where stated

All retirements to be reported to start/finish as soon as possible. Phone 07415 770 578



## Lowe Alpine Mourn Mountain Marathon 2011



# C

## Day 2

Code	START			
225	1		Old foot bridge	263 275
238	2		Small east pointing corner in forest boundary	228 247
202	3		Stream junction	236 234
233	4		Stream junction (may be dry)	237 221
234	5		Path stream junction	235 188
235	6		Small spur (craggy), 360m contour	255 198
236	7		Track bend	263 201
			Side entrance to sports ground	269 191
		Finish	Follow tapes to Community Centre	267 189

Cut-off 11:00

Cut-off 15:00

Punch at Finish and Download

16.4km / 510m

All markers to be visited in sequence (by both team members)

All retirements to be reported to start/finish as soon as possible. Phone 07415 770 578



# Low Alpine Mourne Mountain Marathon 2011



## D Day 1

Code	START			
		Car park at end of the Sandy Brae	263 205	
216	1	Sharp path bend beside Aughnaleck River	253 213	
218	2	Stream bend in flat boggy area	244 222	
219	3	Wall bend near top of Shanlieve	240 227	Cut-off 13:00
221	4	Stile at Windy Gap	246 236	
222	5	Track bend	253 234	
223	6	Wall corner, top of Pigeon Rock	261 250	
224	7	Wall corner, top of Muck	281 250	
206	8	Stile at col	291 268	Cut-off 17:30
211	9	Wall corner (wall very faint on map)	282 277	
212	10	Track bend	271 277	
	Finish	Gate at bottom of track	268 273	

15.2km / 1030m

Punch, follow tapes to Download Tent

All markers to be visited in sequence (by both team members)

All retirements to be reported to start/finish as soon as possible. Phone 07415 770 578



# Low Alpine Mourne Mountain Marathon 2011



## D Day 2

Code	START			
		Old foot bridge	263 275	
240	1	Hen, South tor, base at SE side	246 274	
241	2	Stream junction	239 257	
242	3	Stream track junction	229 254	
225	4	Small east pointing corner in forest boundary	228 247	Cut-off 12:00
243	5	Track bend	227 236	
238	6	Stream junction	236 234	
221	7	Stile at Windy Gap	246 236	
244	8	Track junction	250 226	Cut-off 15:00
214	9	Path/track junction (path not obvious)	259 216	
236	10	Side entrance to sports ground	269 191	
	Finish	Follow tapes to Community Centre	267 189	

15.4km / 400m

Punch at Finish and Download

All markers to be visited in sequence (by both team members)

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# Low Alpine Mourne Mountain Marathon 2011

