MOURNE MOUNTAIN MARATHON
www.mourne2day.com

ELITE Day 1

Code		Description	Grid	
	START	Exit from Leitrim Lodge car park	225 255	
135	Wildcard	Stream junction	239 246	
142	1	South end of crag	228 249	
141	2	Top corner of enclosed clearing	224 238	
140	3	Track junction	219 222	
144	4	Sheepfold	212 199	
143	5	NW most reentrant, 225 contour	223 188	
139	6	Knoll above stream source	241 215	
138	Any order	Crag foot, central	260 227	
126	Any order	Middle track end below quarry	252 233	
125	9	Between ponds	264 253	
124	10	Stile, Deer's Meadow	270 253	Cut-off 17:30
131	11	Small South facing spur, top	288 244	
137	12	Top of crag	300 236	
121	13	Top of dam, middle	306 218	
F1	FINISH	Follow tapes to finish at building	307 215	
		Punch and download		

28.7km / 1470m

All markers to be visited in sequence (by both team members) except where stated.
Wildcard can be included anywhere in your sequence including cluster.
All retirements to be reported as soon as possible. Phone 07711 118035

Lowe alpine

Lowe Alpine
Mourne Mountain Marathon 2013

JACKSON SPORTS

MOURNE MOUNTAIN MARATHON
www.mourne2day.com

ELITE Day 2

Code		Description	Grid	
	START	Junction above Silent Valley cafe	307 214	
110	1	Large boulder, E side, 330m contour	317 223	
120	Any order	NW corner of E most tor	314 278	
113	Any order	W tor, E side, base of rock corner	319 245	
114	Any order	Foot of tor, W side, above boulders	320 230	
108	Any order	Big boulder, North side	326 240	Cut-off 12:00
118	Any order	Spur, West side of Binnian	311 238	
104	Any order	Wall bend near col	331 288	Cut-off 16:00
112	Any order	West end of crag	332 265	
119	9	Stream bend	320 303	
115	10	Base of small crag, E most	328 308	
102	11	Stile at South end of track	332 309	
101	12	Parnell's bridge, South side	327 319	
F2	FINISH	Back of Tollymore Mountain Centre	327 322	
		Punch at Finish and Download		

20.8km / 1470m

All markers to be visited in sequence (by both team members) except where stated
All retirements to be reported as soon as possible. Phone 07711 118035

Lowe alpine

Lowe Alpine
Mourne Mountain Marathon 2013

JACKSON SPORTS

B

Day 1

Code		Description	Grid	
START		Exit from Leitrim Lodge car park	225 255	
142	1	South end of crag	228 249	
141	2	Top corner of enclosed clearing	224 238	
129	3	Track junction	229 232	
140	4	Track junction	219 222	
139	5	Knoll above stream source	241 215	
126	Any order	Middle track end below quarry	252 233	
138	Any order	Crag foot, central	260 227	
125	8	Between ponds	264 253	
124	9	Stile, Deer's Meadow	270 253	Cut-off 16:30
131	10	Small South facing spur, top	288 244	
137	11	Top of crag	300 236	
121	12	Top of dam, middle	306 218	
F1	FINISH	Follow tapes to finish at building	307 215	
		Punch and download		

22.0km / 1110m

All markers to be visited in sequence (by both team members)
All retirements to be reported as soon as possible. Phone 07711 118035

Lowe Alpine

Mourne Mountain Marathon 2013

B

Day 2

Code		Description	Grid	
START		Junction above Silent Valley cafe	307 214	
110	1	Large boulder, E side, 330m contour	317 223	
118	Any order	Spur, West side of Binnian	311 238	
113	Any order	W tor, E side, base of rock corner	319 245	
114	Any order	Foot of tor, W side, above boulders	320 230	
108	5	Big boulder, North side	326 240	Cut-off 12:00
112	6	West end of crag	332 265	
116	Any order	Above Castles, top of wide gully, E side	345 279	
117	Any order	Stream bend	348 275	
104	9	Wall bend near col	331 288	Cut-off 16:00
111	10	Small rocky spur	326 302	
115	11	Base of small crag, E most	328 308	
102	12	Stile at South end of track	332 309	
101	13	Parnell's bridge, South side	327 319	
F2	FINISH	Back of Tollymore Mountain Centre	327 322	
		Punch at Finish and Download		

20.5km / 1220m

All markers to be visited in sequence (by both team members)
All retirements to be reported as soon as possible. Phone 07711 118035

Lowe Alpine

Mourne Mountain Marathon 2013

C

Day 1

Code		Description	Grid	
START		Exit from Leitrim Lodge car park	225 255	
130	1	Gravel quarry by track bend	228 254	
136	2	Top of west shoulder Rocky	232 258	
135	3	Stream junction	239 246	
129	4	Track junction	229 232	
134	5	Stream junction, south most	231 227	
133	6	Narrow rentrant, middle part	241 224	
127	7	Wall bend	243 233	
132	8	Base of crag	253 240	
125	9	Between ponds	264 253	
124	10	Stile, Deer's Meadow	270 253	Cut-off 16:30
131	11	Small South facing spur, top	288 244	
122	12	Stile	292 224	
121	13	Top of dam, middle	306 218	
F1	FINISH	Follow tapes to finish at building	307 215	

18.3km / 880m

Punch and download

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07711 118035

Lowe Alpine

Mourne Mountain Marathon 2013

C

Day 2

Code		Description	Grid	
START		Junction above Silent Valley cafe	307 214	
110	1	Large boulder, E side, 330m contour	317 223	
114	2	Foot of tor, W side, above boulders	320 230	
113	Any order	W tor, E side, base of rock corner	319 245	
108	Any order	Big boulder, North side	326 240	Cut-off 12:00
112	5	West end of crag	332 265	
104	6	Wall bend near col	331 288	Cut-off 16:00
111	7	Small rocky spur	326 302	
102	8	Stile at South end of track	332 309	
101	9	Parnell's bridge, South side	327 319	
F2	FINISH	Back of Tollymore Mountain Centre	327 322	

15.9km / 950m

Punch at Finish and Download

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07711 118035

Lowe Alpine

Mourne Mountain Marathon 2013

D

Day 1

Code		Description	Grid	
START		Exit from Leitrim Lodge car park	225 255	
130	1	Gravel quarry by track bend	228 254	
129	2	Track junction	229 232	
128	3	Wall bend near top of Shanlieve	240 227	
127	4	Wall bend	243 233	
126	5	Middle track end below quarry	252 233	
125	6	Between ponds	264 253	
124	7	Stile, Deer's Meadow	270 253	Cut-off 16:00
123	8	Wall at foot of crag	284 260	
122	9	Stile	292 224	
121	10	Top of dam, middle	306 218	
F1	FINISH	Follow tapes to finish at building	307 215	
		Punch and download		

16.0km / 840m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07711 118035

Lowe Alpine

Mourne Mountain Marathon 2013

D

Day 2

Code		Description	Grid	
START		Junction above Silent Valley cafe	307 214	
110	1	Large boulder, E side, 330m contour	317 223	
109	2	Stile	322 233	
108	3	Big boulder, North side	326 240	Cut-off 12:00
107	4	Corner of forest	334 242	
106	5	Track stream junction, by 345m contour	341 271	
105	6	Track at col (Brandy Pad)	341 279	
104	7	Wall bend near col	331 288	Cut-off 16:00
103	8	Wall bend	336 301	
102	9	Stile at South end of track	332 309	
101	10	Parnell's bridge, South side	327 319	
F2	FINISH	Back of Tollymore Mountain Centre	327 322	
		Punch at Finish and Download		

14.6km / 910m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07711 118035

Lowe Alpine

Mourne Mountain Marathon 2013